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**Children and Families Forum  
14 November 2019 – 09:30 to 11:00**

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| **AGENDA** |  | **Action** |
| **Present** | Rachel Johnston – SVE  Tracey Nicholson SVE  James Muir – CAP  Andy Williams – CAP  Chiara Marin – Fast Forward  Sarah Wilson – Plus Forth Valley  Ann-Marie O’Hare – HSCP  Lisa Fraser-Binns – Family Life Centre  Caroline Harrower – Breastfeeding Network  Rosa Huczynska – Stirling Council  Zoe Tetstall – Stirling Carers Centre,  Jill Stephen – Barnardos,  Shirleyann Bremner – CAP  Rachel Keenan – Home Start Stirling  Tracy Degan – Stirling Council  Hayley Steel – Stirling Council  Anita Lenyk – ASC  Kathryn Bugg – Plus Forth Valley  Kirstin Womley –Breastfeeding Network  Lilian Delaney – Home Energy Scotland  Emma Howe – Home Energy Scotland |  |
| **Apologies** | Susan West – Stirling Council  Georgina Lyttle - Circle |  |
| **Welcome** | Rachel welcomed everyone to today’s forum and welcomed everyone to the new Barracks Conference Centre. Rachel introduced herself and her role. Attendees went round the room and introduced themselves. |  |
| **Minutes of last meeting and approval** | Minutes were approved  Changes were made from May’s minutes and re-circulated.  Alice Wadkin is no longer in post in SVE but still works for CTSi. Jamie Donald is the new contact for Saltire Awards for Stirling. Please contact [jamiedonald@sventerprise.org.uk](mailto:jamiedonald@sventerprise.org.uk) for more information regarding Saltire Awards. |  |
| **Gambling Education Hub project from fast forward** | Chiara Martin from Fast Forward spoke about The Gambling Education Hub. The pilot started 3 years ago as there was a gap in education.  The Gambling Education Hub provides free training, resources and support to organisations that work with young people and families in a range of education and health settings.  To book a free CPD session:   * Visit the Eventbrite online calendar: * Request an in-house bespoke training by emailing [Chiara@fastforward.org.uk](mailto:Chiara@fastforward.org.uk)   To receive future updates:   * Sign up to the monthly Newsletter through the Toolkit webpage * Register to attend the next Scottish Gambling Education Network meeting (Falkirk, Jan 14th)   Chiara took questions from attendees. | Presentation to be circulated.  A training course will be arranged locally for C & F Forum members if there appears to be need for it. |
| **Home Energy Scotland** | Lilian Delaney from Home Energy Scotland gave a presentation on Home Energy Scotland. 1 in 4 kids live in poverty, 7 out of 10 children are living in poverty with 1 adult working. Fuel Poverty has a big impact on families.  Home Energy Scotland has a support worker that will go out to the family’s house and work with them to find out how they can help them. This could be getting funding for insulation, new boiler etc.  Lilian took questions from attendees.  For more information please go to <https://www.energysavingtrust.org.uk/scotland/home-energy-scotland> | Lilian will send info to Rachel to circulate round the forum |
| **Plus Forth Valley** | Kathryn Bugg from Plus Forth Valley spoke about a bit about what they services PLUS provide. Kathryn has only been in post 4-6 months. PLUS Forth Valley ethos is inclusion through opportunities and that disability is no barrier to fun.  Starting in 1988 as one project PLUS has grown over the years, introducing new projects which target specific age ranges, support needs and individual outcomes.  Services are primarily separated by age, into the under 5’s service, children and young people from ages 5 -17, and the adult’s services which caters to those over 18 years of age.  Kathryn took questions from attendees.  For more information, please go to <http://plusforthvalley.org.uk>  Or contact Plus Forth Valley on:  01786 450086  [mail@plusforthvalley.org.uk](mailto:mail@plusforthvalley.org.uk) |  |
| **Home Start Stirling** | Rachel Keenan, Manager from Home-Start Stirling gave a presentation on Home-Start and what they do.  Home-Start Stirling supports families from across the local area who have at least one child under the age of five years and are experiencing difficulties.   Families need support for many different reasons, family breakdown, postnatal illness, isolation, a child’s disability, bereavement, or any other reason causing stress or crisis. With a flexible approach, meeting the individual needs of each family, volunteers help build the family’s confidence and ability to cope.  To Home-Start Stirling, every family is special and they respond to each family’s individual needs through the services of home-visiting support, family group work, social events and the new Pathways project.  Rachel took questions from attendees.  For more information, please see <https://homestartstirling.org.uk/>  Or call 01786 498466  Or email [admin@homestartstirling.org.uk](mailto:admin@homestartstirling.org.uk) |  |
| **Central Advocacy Partners Parents Network** | Andy Williams from Central Advocacy Partners (CAP) spoke briefly about the Parents Network. The parents network was established during CAP’s Parent’s Project over the last 5 years, they lost funding but it has recently been relaunched. The Parents Network supports parents in the Forth Valley area with learning difficulties, autism or learning disabilities.  The network is a forum for parents to share experiences, learn from each other and create a supportive, safe and nurturing environment.  For more information please see <http://www.centraladvocacypartners.org.uk/Default.aspx>  Or call 01324 633 321  Or email [info@centraladvocacypartners.org.uk](mailto:info@centraladvocacypartners.org.uk) |  |
| **Children’s Planning Consultation Workshops** | Rosa Huczynska from the Children’s Planning Consultation spoke about the Stirling Strategic Planning Group for Children. It is a public sector service through Community Planning Partnership. Currently there are workshops running to consult on the 20-23 Children’s Services Plan. There is a workshop on Thursday 28th Novemberthat still has spaces. Rosa encouraged forum members to sign up to the workshops to ensure that third sector opinions are fed into the report. | Rachel sent email round with information about the workshops. |
| **Forum Updates** |  | Rachel to send out next year’s forum dates. |
| **AOCB** | No other competent business |  |
| **Date of next meeting** | Thursday 20th February 2020 |  |