



# Leap

## into Volunteering

Are you, or anyone you know, interested in volunteering?

This leap year why not use your extra day to give something back!

It doesn't need to be the 29th February, it can be any day of the year!!

There are so many good reasons to volunteer including:

- ✓ Learn new skills
- ✓ Improve your community
- ✓ Meet new people
- ✓ Build your confidence
- ✓ A pathway into work or education



There are hundreds of local opportunities looking for someone like

# You!

Go to [www.stirlingvolunteering.org](http://www.stirlingvolunteering.org) to start your journey